

PE Scope and Sequence 2nd & 3rd Grade

(Boys and Girls)

2nd Semester

Our 2nd and 3rd grade students will be working on activities that will improve their motor skills and physical fitness levels. These activities will include: throwing and catching, dribbling, improving footwork, learning rules and skills of various games while emphasizing good sportsmanship. Many of these activities will help develop the skills that may be used by each child as he or she begins playing sports on a competitive basis.

Boys

Week 1 - 3 Circuit Training

Week 4 - 6 Pres. Fitness Training/Testing

Week 7 - 9 Indoor Soccer

Week 10 -12 Kickball

Week 13 -15 Wiffle Ball

Week 16-18 Recreational Games

Girls

Week 1 - 3 Circuit Training

Week 4 - 6 Same as Boys

Week 7 - 9 Indoor Soccer

Week 10 -12 Kickball

Week 13 -15 Wiffle Ball

Week 16-18 Recreational Games

